


Youth resilience in times of crisis

CLOSING EVENT OF THE NRP80 PROJECT

"The Covid Generation"

 Tuesday, 1 September 2026

 Berner Generationenhaus, Bubenbergsaal (3rd floor)

 Participation free of charge, but registration required.
Please register [here](#).

HOW WELL ARE OUR SOCIETIES PREPARED TO SUPPORT YOUNG PEOPLE WHEN THE NEXT CRISIS HITS?

The Covid-19 pandemic tested youth resilience and revealed both strengths and critical gaps in policy responses. What helped young people cope—and where did support fall short? As attention shifts beyond Covid-19, the key question is what we choose to learn from it.

Today's young people face a polycrisis—persistent instability shaped by overlapping challenges, from health and climate to economic uncertainty. They are not simply recovering from one shock, but navigating continuous disruption. How can policies better anticipate and respond to this reality?

Join us to reflect on these lessons and help shape more resilient policies for the next generation!

PROGRAM:

13:45-14:00 Arrival and coffee

14:00-14:05 Welcome

14:05-14:15 **Wellbeing of young people in times of crisis: findings from the Covid-19 pandemic** (presentation in English) (Dr. Marieke Voorpostel, FORS)

14:15-14:30 **Policy response in times of crisis: challenges, resources and lessons learnt** (presentation in English) (Teuta Mehmeti, University of Neuchâtel)

14:30-14:45 **Disrupted social roles and stress proliferation: a qualitative study of youth Covid-19 experiences** (presentation in English) Prof. Claudine Burton-Jeangros (University of Geneva)

14:45-15:00 Q&A

15:00-15:30 Coffee break

15:30-16:30 **Panel discussion: How to support young people in times of crisis? Practical and policy implications** (in German, translation to French available)

Moderator: Xavier Pilloud (NRP80, VIRTU Public Affairs)

Panel members: Prof. Kerstin von Plessen (CHUV), Joanna Bärtschi (CDAS), Jann Schumacher (FOPH), Elisa Ruch (Association ZETA Movement)

16:30-17:30 Apéro